

SATURDAY

Total Body Fitness
Open Gym
Open Gym

SUNDAY

Bootcamp Open Gym Open Gym Sports Centre, Walsall Sports Centre, Walsall Sports Centre, City

Sports Centre, Walsall Sports Centre, Walsall Sports Centre, City 8:30-9:30am 12-2pm 12-2pm

8:30-9:30am 12-2pm 12-2pm





SATURDAY

Beginners' Volleyball Advanced Volleyball Basketball

SUNDAY

Badminton

Sports Centre, City Sports Centre, City Sports Centre, City

Sports Centre, City

12-1pm 1-2pm

2-3pm

2-3pm

