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## SATURDAY

Total Body Fitness Open Gym Open Gym

### SUNDAY

Bootcamp Open Gym Open Gym

Sports Centre, Walsall Sports Centre, Walsall Sports Centre, City 8:30-9:30am 12-2pm 12-2pm

Sports Centre, Walsall Sports Centre, Walsall Sports Centre, City 8:30-9:30am 12-2pm \_\_\_\_\_12-2pm



## +++ +++ SOCIAL SAT 23RD 24TH SUN 24TH

#### SATURDAY

Beginners' Volleyball Advanced Volleyball Basketball

> SUNDAY Badminton

Sports Centre, City Sports Centre, City Sports Centre, City

Sports Centre, City

12-1pm 1-2pm 2-3pm

2-3pm

