



Circuits Open Gym Cardio & Abs Circuits Open Gym Pilates Legs, Buns & Guns

Sports Centre, Walsall Sports Centre, Walsall Sports Centre, Walsall Sports Centre, City Sports Centre, City Sports Centre, Walsall 7-7:45am 12-2 & 7-9pm 10:15-11am 12:15-1pm 12-2 & 6-8pm 6-7pm 7-7:45pm







Men's Football Mixed Touch Rugby Women's Futsal Women's Netball Women's Basketball Men's Basketball 3G Pitch, Walsall Walsall RUFC Sports Centre, Walsall Sports Centre, Walsall Sports Centre, Walsall Sports Centre, Walsall 5-9pm 6-8pm 6-8pm 6-8pm 8-10pm 8-10pm



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Walk & Talk Football Badminton Football

Students' Union, City 3G Pitch, Walsall Sports Centre, City Sports Centre, City 12:15-1pm 4-5pm 5-6pm 6-7pm

