

WLV HIIT
Functional Fit
Open Gym
Flex & Stretch
Open Gym
Pilates
Total Body Fitness

Sports Centre, Walsall Sports Centre, Walsall Sports Centre, City Sports Centre, City Sports Centre, Walsall Sports Centre, Walsall 7-7:45am 9:30-10:15am 12-2 & 7-9pm 12:15-1pm 12-2 & 6-8pm 1-2pm 6-7pm





BUCS

Men's Futsal

SOCIAL

Table Tennis
Badminton
Badminton
Futsal
American Football



Sports Centre, City

Sports Centre, Walsall Sports Centre, Walsall Sports Centre, City Sports Centre, City 3G Pitch, Walsall 7-8pm

12-1pm

4-5pm

4-5pm

6-7pm

5-6pm

